



### **COVID-19 Client Re-Entry Policy**

To ensure we are able to continue to provide the best level of service; Elev8 Fitness require that all Client/s undertaking to work out of our Facility, for personal one-2-one training, classes or other, read and adhere to our ongoing conditions of operation, which is in line with Government regulations.

Use of Elev8 Fitness' Facility will be on the following grounds:

- 1) All Client/s will need to have read this policy before being able to train out of Elev8 Fitness' Facility.
- 2) All Client/s will need to wash their hands thoroughly prior to walking into the Facility and after the session.
  - a. A towel is mandatory when training in the Facility, these are to be brought in and removed by the Client/s on day of training. If Client/s do not have one; a branded hand towel can be purchased for **£10.00**.
- 3) Elev8 Fitness will endeavour to have hand sanitiser available however it is the Client/s own responsibility to make sure they have their own supply and not rely on Elev8 Fitness should they wish to use before, during or after workouts.
  - a. Elev8 Fitness will have a limited supply of face masks available to purchase for **£2.50**, should Client/s wish to purchase them for use during training.
    - i. In line with Government guidelines wearing a face covering is optional and therefore Elev8 Fitness will not enforce training with a mask however it is purely at the Client/s, and Trainer/s, discretion and at their own risk should they choose whether or not to wear these during their training.
    - ii. Elev8 Fitness will not enforce that Client/s, nor Trainer/s, wear a mask while in the Facility and it is purely at the individual's discretion.
- 4) All Client/s need to make sure all equipment, clothing and other apparel brought in and used during training; is suitably cleaned prior to bringing it into the Facility
  - a. No equipment, clothing and other apparel is to be left in the Facility overnight and if done so will be disposed of at the end of each day.
  - b. All footwear must be suitably cleaned prior to being allowed in Facility.
  - c. No shoes are to be used inside of the boxing ring

- 5) The Site Management company will have a cleaning crew come in daily to clean the Facility along with toilets and showers. Elev8 Fitness' Management Team will also ensure that all equipment is cleaned and maintained to a satisfactory level throughout the day.
  - a. Any discrepancy with the cleanliness and / or suitability of the Facility and the equipment; mats; weights and other items are to be reported to the Management Team for them to address.
  - b. The communal toilets and showers which are not part of our facility will be checked throughout the day however they are only cleaned at the end of the day by the building's management company. It is at the Client/s / Trainer/s discretion and risk should they choose to use them.
- 6) All Trainer/s will wipe down all equipment, mats, weights and other items they have touched / used for training their Client/s and / or themselves prior to moving onto another workstation.
- 7) No food, Vapes, alcohol and other substances are to be consumed or left overnight at Elev8 Fitness' Facility.
  - a. Hot and cold beverages (water; protein shakes; coffee; etc.) are an exception and will be allowed however these are the responsibility of the Client/s and must be with them at all times and not left lying around the Facility.
  - b. If Client/s are seen to be not adhering to these conditions; they will be restricted to consuming water only by the Water cooler area.
- 8) We would recommend that all Client/s with high-risk conditions (e.g. lung disease, asthma, heart conditions, immunocompromised, obesity, diabetes, liver disease) do not return to the Facility until they have gone to their GP to take their temperature and given the all clear to return to training.
- 9) It is the Client/s responsibility to ensure they are fit and suitable to train however, if deemed as not; Elev8 Fitness Management Team reserve the right to refuse the Client/s access to train at the Facility should we feel they pose a health risk to others.
- 10) To ensure that we meet and maintain suitable space / occupancy distancing, in line with the Government's guidelines; we will restrict the number of Client/s, and Trainer/s to 6, i.e. (6x Trainers and 6 x Clients), allowed access to train at any one time.
  - a. The designated areas will be marked throughout the Facility.
  - b. Client/s and Trainer/s will need to work together for sessions requiring use of different equipment / stations and ensure that this is done in accordance with the cleaning and spatial conditions of operation.
  - c. The number of Client/s and Trainer/s allowed in at any one point is subject to change, up or down, in line with Government guidelines.
- 11) All sessions will need to be pre-booked by the Trainer/s, using Elev8 Fitness' calendar system, and if not done; Elev8 Fitness Management Team reserve the right to deny entry to the Trainer/s and/or Client/s.
  - a. It is the Client/s Trainer's responsibility to ensure that the session is appropriately booked in the calendar for the day/s and time/s required, to meet with social distancing guidelines, and them failing to do so can result in the Client/s not being able to use the Facility at that time.
- 12) All Client/s and Trainer/s using the Facility, will need to adhere to social distancing guidelines at all times to ensure the safety of other Client/s, Trainer/s and themselves.

- 13) Elev8 Fitness are a non-contact Facility and any sparring or associated sports specific contact training undertaken must be avoided at this time.
- 14) Elev8 Fitness will not be liable for any injury and / or infection caused at our Facility, as a result of negligence and / or not adhering to the social distancing guidelines by Client/s and / or the Trainer/s and Elev8 Fitness Management Team reserve the right to remove / restrict the Client/s and / or their Trainer/s access should we feel that they are operating in an unsafe manner.
  - a. The Trainer/s is responsible for reporting any accidents, injuries, sicknesses, etc. that occur while the Client/s and / or the Trainer/s is using Elev8 Fitness' Facility, to the Management Team at the time the incident occurs.
- 15) The Client/s needs to ensure that they are aware of the conditions for training at Elev8 Fitness' Facility, and adhere to appropriate social distancing etiquette and protocols while in and around the Facility.
  - a. Any breach in these conditions, for which costs are incurred, could potentially result in Client/s being liable for associated costs and / or use of the Facility being revoked.
- 16) The Client/s must, at all times, follow the new workplace etiquette and protocols, which will be communicated via signage posted throughout, and leading to the Facility.
- 17) The Client/s must abide by any additional changes that come into place with the Government guidelines, after having read the agreement.

By using Elev8 Fitness all Client/s acknowledge having read and understood the terms of re-entry to the Facility and agree to operate in accordance with the conditions of training and failure to do so, or breach of such conditions by the Client/s, can result in them being revoked access to continue to train out of Elev8 Fitness' Training Facility.